

AWAKENING

21 DAYS OF PRAYER, FASTING AND PERSONAL DEVOTION

21 Day Fasting Calendar – Celebration Church

Plan Your Fasting Week	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Use this area of your fasting calendar to choose what days of the week you will fast and what each day will look like.	Day 1 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains Virtual Conference Daily - 6a, 12p, 7p	Day 2 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains	Day 3 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains	Day 4 Juices & Water / All Day Open Devo Groups – 7pm MT & OP Annex	Day 5 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains	Day 6 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains	Day 7 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains
This is a sample of what one variation of the Daniel fast can look like & may include soy protein. You may also choose to exclude legumes & whole grains altogether & eat only fruits, vegetables, & water (& soy protein)	Day 8 Juices & Water / All Day Worship Night @ MT & OP - 6pm	Day 9 Juices & Water / All Day Prayer 11a-1p All men invited 3Hundred Prayer MT @ 7pm	Day 10 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains Prayer 11a-1p	Day 11 Juices & Water / All Day Prayer 11a-1p Open Devo Groups @ 7pm MT & OP Annex	Day 12 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains Prayer 11a-1p	Day 13 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains	Day 14 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains
Some people also choose to modify their overall fasting plan to end with a special 3 day fast as indicated here. Again, these are just samples of what your fasting plan can look like.	Day 15 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains	Day 16 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains	Day 17 Fruits, Vegetables & Water / Day Dinner – include legumes & Whole grains	Day 18 Juices & Water / All Day Awakening Revival Conference - 7pm	Day 19 Juices & Water / All Day Awakening Revival Conference - 7pm	Day 20 Juices & Water / All Day Awakening Revival Conference - 7pm	Day 21 Juices & Water / All Day Awakening Revival Conference - 7pm Break Fast – after Revival

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Awakening 21 Day Fasting Calendar

Plan your fasting week	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Day 1 Virtual Conference Daily - 6a, 12p, 7p	Day 2	Day 3	Day 4 Open Devo Groups - 7pm MT & OP Annex	Day 5	Day 6	Day 7
	Day 8 Worship Night @ MT & OP - 6pm	Day 9 Prayer 11a-1p All men invited 3Hundred Prayer MT @ 7pm	Day 10 Prayer 11a-1p	Day 11 Prayer 11a-1p Open Devo Groups - 7pm MT & OP Annex	Day 12 Prayer 11a-1p	Day 13	Day 14
	Day 15	Day 16	Day 17	Day 18 Awakening Revival Conference - 7pm	Day 19 Awakening Revival Conference - 7pm	Day 20 Awakening Revival Conference - 7pm	Day 21 Awakening Revival Conference - 7pm Break Fast after Revival